

Light Hire Ltd

Training 2008

Powered Access solutions
for the South West

www.lighthire.com



About us



LIGHT HIRE is an independent, locally owned, powered access hire and training company.

Based in Exeter at Grace Road Central on Marsh Barton and also in Roundswell in Barnstaple, North Devon, we offer access and training solutions throughout the South West of England

We take great pride in the excellent service we offer our customers and aim to achieve **100% customer satisfaction** by offering:

- ✿ A competitive range of powered access platforms.
- ✿ A competitive range of training courses including IPAF and PASMA
- ✿ Flexible training at our approved centre or on your site.
- ✿ Competitive prices
- ✿ Product selection advice
- ✿ Free site surveys



Contents

4. IPAF training

Powered Access training for all operators, supervisors and managers.

5. PASMA training

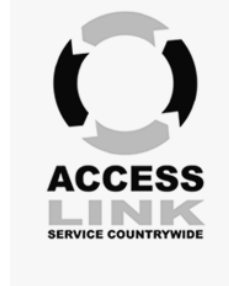
Aluminium scaffold erection and inspection training for all users, supervisors, managers and inspectors or aluminium scaffold towers.

6. Manual Handling

Training for all employees in correct lifting techniques both to ensure their safety and to comply with the manual handling operations regulations 1992.

7. Abrasive Wheels

Training for all employees in correct wheel fitting techniques both to ensure their safety and to comply with the Provision and Use of work equipment regulations 1992, regulation 12 (f).





Powered Access

We are pleased to offer International Powered Access Federation approved training at our IPAF training centre or on your site. All training is conducted by highly qualified and experienced instructors.



Course Aim

At the end of the course delegates will be able to demonstrate knowledge of legislation governing the safe use of MEWPs, an awareness of hazards associated with the use of MEWPs and safe methods of operating. Delegates will also be able to drive and manoeuvre the machine to the required safe standard inside or outside a building.

Course Agenda

- ✿ Introduction to MEWPs
- ✿ MEWP categories
- ✿ Structural parts
- ✿ Regulations
- ✿ Pre-use inspection/ handover
- ✿ Safe operating methods and Hazards
- ✿ Practical training



Course information

IPAF operator Any 2 categories Additional categories	One day training course £190.00 + Vat per person £55.00 + Vat per person
IPAF Demonstrator Any 2 categories Additional categories	Two Day training course £360.00 + Vat per person £75.00 + Vat per person
IPAF Harness	Half day training course £75.00 + Vat per person

Certification

Upon successful completion of the training course, delegates will receive an internationally accepted IPAF certificate and a Powered access licence Which is valid for 5 years from date of issue.

Scaffold Tower

We are pleased to offer PASMA training from our PASMA approved training centre or on your site. All training is conducted by highly qualified and experienced instructors.



Course Aim

At the end of the course delegates will be competent to assemble, dismantle, alter, move, inspect and use mobile access towers safely and without risk of personal injury. Delegates will have an understanding of relevant legislation, regulations, guidance and hazards affecting the use of mobile towers.

Course Agenda

- ✿ Legal overview
- ✿ British and European standards
- ✿ Tower components, inspection and maintenance
- ✿ “Don’t fall for it” recommended assembly methods DVD
- ✿ Tower stability and ‘tying-in’
- ✿ Hazards
- ✿ “Accidents don’t just happen” PASMA Safe Use DVD
- ✿ Written and practical assessment



Course information

PASMA Competent person
 1-6 delegates
 6-12 delegates

One day training course
 £155.00 + Vat per person
 £145.00 + Vat per person

Certification

Upon successful completion of the training course, delegates will receive an internationally accepted PASMA certificate and card valid for 5 years from date of issue.

Manual Handling



It is necessary to train all employees in correct lifting techniques both to ensure their safety and to comply with the manual handling operations regulations 1992.

Our half day manual handling training can be tailored to suit your specific circumstances and can be delivered on your own premises or at one of our training centres in Devon.

Course Aim

At the end of the course delegates will be able to identify manual handling risks and be able establish safe methods of handling without risk of injury.

Course Agenda

- ✿ What is Manual Handling?
- ✿ Anatomy and types of injury
- ✿ How this applies to you
- ✿ Safe lifting and carrying
- ✿ Techniques to avoid strain or injury
- ✿ Risk assessment (how to do it)
- ✿ Use of handling equipment
- ✿ Practical assessment



Course information

Safe Manual Handling

- ✿ 1-4 Delegates
- ✿ 5-6 Delegates
- ✿ Over 6 Delegates

Half day training course

- £75.00 + Vat per person
- £65.00 + Vat per person
- £ Please call for details

Certification

Upon successful completion of the training course, delegates will receive a certificate of attendance.

Abrasive wheels

It is necessary to train all employees that fit or use abrasive wheels in correct wheel fitting techniques both to ensure their safety and to comply with the Provision and Use of work equipment regulations 1992, regulation 12 (f).



Our half day Abrasive wheels training can be tailored to suit your specific circumstances and can be delivered on your own premises or at one of our training centres in Devon.

Course Aim

At the end of the course delegates will be able to correctly select discs using the European standard of marking. Delegates will also be able to inspect, handle, store and fit these discs without risk of injury.

Course Agenda

- ✿ Overview of health and safety legislation
- ✿ PUWER 1998
- ✿ Hazards, risks and control measures
- ✿ Accident causation and prevention
- ✿ European marking system
- ✿ Types of machines and abrasive wheels
- ✿ Handling and storing
- ✿ Fitting of abrasive wheels (Practical)



Course information

Abrasive wheel safety

- ✿ 1-4 Delegates
- ✿ 5-6 Delegates
- ✿ Over 6 Delegates

Half day training course

- £75.00 + Vat per person
- £65.00 + Vat per person
- £ Please call for details

Certification

Upon successful completion of the training course, delegates will be issued a certificate of attendance, valid for 5 years from date of issue.

How to find us

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